

## 2021 American Herbalists Guild Online Symposium Experience

### Symposium Schedule

Certificate Track Sessions Indicated with \*

All Times are in the Eastern Time Zone    Schedule subject to change

Pre-Symposium Intensive Webinars – Available for download on October 1, 2021				
	Differential Treatment of Depression & Anxiety with Botanical & Nutritional Medicines – David Winston	The Importance of Energetics in Modern Clinical Practice – Danny O’Rawe & Keith Robertson	To Lighten Your Heart: Depression & Treatments in Latino Culture – Charles Garcia	
	Weeds: Plants of Resilience in Borike – Ola Olabasi	Enduring Hardship: A Chinese Medicine Approach to Trauma – Jessica Baker	Herbs in the Greek Tradition – Patricia Kyritsi Howell	
Tuesday, October 12, 2021				
8:00 pm	Movie Watch Party: A Place to Breathe			
	Track 1	Track 2	Track 3	Track 4
Friday, October 15, 2021				
9:45 -10:00	Welcome & Announcements			
10:00 – 12:00	Lichen Sclerosus: From Trauma to Management* – Dana Hutchison	Creating Lasting Plant Partnerships for Clients – Ashley Litecky Elenbas	Holistic Grief: A Personal Journey* – Carolyn Jones	
12:00 -1:00	Sponsor Spotlight & Vendor Fair			

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1:00 - 3:00	Herbal Support for Rescue Animals – Tenby Owens	Botanical Allies for Entheogenic Journeys – Elena Roemer	Functional Lab Values: A Tool for Harm Reduction* – Christa Whiteman	
3:00-3:30	Sponsor Spotlight & Vendor Fair			
3:30 – 5:30	Whose Health? Sourcing Complexities with Rhodiola, Turmeric, and Nettles - Anne Armbrecht	Kick-Ass Cocktails – Christa Sinadinos	Trauma-Associated Sleep Disorders* – Sky Richarde	
5:30 – 7:00	Panel: Financial Resilience for Herbalists			
7:00 – 8:00	Zoom Meetups			
8:00 - 9:00	<p align="center"><b>Keynote:</b>  Herbalism and Social Resilience: An Outsider's Perspective - David Hoffmann</p>			
Saturday, October 16, 2021				
10:00-12:00	Menstrual Cycle as Vital Sign – Camille Freeman	Legendary Lion’s Mane! – Gina Rivers Contla	The African Roots of Energetics – Geo Edwards and Shabina Lafleur-Gangji	Herbal Wellness for Teens – Venice Williams

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12:00-1:00	Sponsor Spotlight/Vendor Fair			
1:00- 3:00	Topical Treatments for Cancer Care – Chanchal Cabrera	Oneirogenic Herbs and Dreaming – Ryn Midura	Herbs for Post-Traumatic Stress Disorder* – Elaine Sheff	Strength in Numbers: Exploring a Model for Group Clinical Practice – Gina Badger
3:00 – 3:30	Sponsor Spotlight/ Vendor Fair			
3:30 - 5:00	Panel – Trauma-Informed Herbalism in Our Communities*			
5:15 – 7:15	Clinical Use of Herbs for Neurological Disorders* – Steve Blake	Constitutional Medicine – Richard Whelan	Comprehensive Care for Irritable Bowel Disease – Amy RNeilsen	Herbal Care at End of Life* – Emily Ruff
7:30 – 8:30 pm	<p><b>Keynote:</b> Solidarity Medicine: Our Role in Creating Integrative Anti-Racist Systems of Care, and in Building Power with Community</p> <p align="center">Dr. Anjali Taneja</p>			
Sunday, October 17, 2021				
9:00 – 10:00	Zoom Meetups			
10:00 -12:00	Roots of Resilience: Asian American Herbalism* – Erin Wilkins	Building Resilience with Chronic Illness* – Katja Swift	Helping Clients through Trauma, Distress & Bereavement* – Vivienne Campbell	
12:00 – 1:00	Sponsor Spotlight – Vendor Fair			

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1:00 – 3:00	<i>Bursera microphylla</i> : Healing Intergenerational Trauma* – A. Kaweah Lemeschewsky	Resilience in Nature: The Mycorrhizal Networks of Plants – Robyn Klein	Full Circle Healing* – Milagros Adams	
3:00 – 4:30	Panel — A Place to Breath Discussion with Michelle Steinberg and others			
4:30 – 4:45	Closing Remarks			

### Post Symposium Webinars

8:00 – 10:00 pm

Oct. 28	Best Practices: Trauma-Informed Clinical Skills,* Part 1	M. St. Ours & A. Rich
Nov. 4	Best Practices: Trauma-Informed Clinical Skills,* Part 2	M. St. Ours & A. Rich
Nov. 11	Herbal Medicine for Street Medics*	S. Sierralupe
Nov. 18	Curanderismo: Traditional Medicine of Resilience*	A. Garcia Swiecicki