








29TH ANNUAL AMERICAN HERBALISTS GUILD SYMPOSIUM SCHEDULE

THURSDAY OCTOBER 25

Location		FIRESIDE A	FIRESIDE C	MEET IN FIRESIDE LOBBY
7:00 AM Registration (Master Hall Lobby)				
8:00 AM - 12:00 PM	Morning Intensives	Todd Caldecott: Journeying Into Traditional Ayurveda (G)	Angelique "Sobande" Greer: Introduction to the Ozain African Herbalism System for Client Assessment (G)	Noelle Fuller & Cassandra Nicholson: Cultivating Medicinal Herbs (UGA Field Trip) (G)
1:30 PM - 5:30 PM	Afternoon Intensives	Karen Rose: The Art and Practice of Spiritual Herbalism: Healing with Ancestors, Community, Plants, and Ritual (G)	David Winston: The Energetics of Herbs - The Ten Tastes (G)	
8:00 PM - 10:00 PM Maypop Mixer (Fireside Lobby)				

FRIDAY OCTOBER 26

Location		DOGWOOD	FIRESIDE A	FIRESIDE B	FIRESIDE C	PLANT WALK MEET IN FIRESIDE LOBBY
7:30 AM Registration (Master Hall Lobby)						
8:00 AM - 7:00 PM Expo Hall Open						
8:15 AM - 8:45 AM Welcome Announcements (Master Hall)						
9:00 AM - 10:30 AM	Session I	 Gina Rivers Contla: Medicinal Mushrooms of Southern Appalachia (I)	Richael Faithful: What's Yours, Mine, and Ours - Addressing Cultural Appropriation in Herbalism (G)	Case Study Panel: Sleep Apnea	Oscar Sierra: The Ten Most Useful Lab Tests You Need to Understand (besides Vit. D) (I)	Jade Mace: Tree Medicine (G)
11:00 AM - 12:30 PM	Session II	 Karen Culpepper: Cotton Root Bark from Africa to the Americas (G)	 Thomas Easley: Structural Pain Management with a (Mostly) Southern Materia Medica (I/A)	 Heather Irvine: Ceanothus, a Surprising Shrub (I)	 Corey Pine Shane: Spikenard, Calamus, and Angelica (G)	Susan Kramer: Plant Walk with a Local Georgia Herbalist (G)
12:30 PM - 2:00 PM Lunch Break						
12:30 PM - 10:00 PM Silent Auction Day One - Closed during Keynote (Fireside Lobby)						
2:00 PM - 3:00 PM Expo Hall Events; Herb Crawl						
3:30 PM - 5:00 PM	Session III	David Winston: Analgesia: The Search for Effective Pain Relief - Botanical and Nutritional Protocols (I)	 Leslie Williams: Tree Medicine (G)	Governing Council Listening Session	 Keith Robertson & Danny O'Rawe: Celtic Herbal Medicine (I)	Holli Richey: Forest Bathing - A Mindful Walk in Nature (G)
5:30 PM - 8:00 PM Poster Presentations (Fireside Lobby)						
5:30 PM - 6:30 PM Chapters Meeting (Fireside A)						
6:30 PM - 7:00 PM Meet the JAHG Editor, Susan Marynowski (Fireside Lobby)						
8:00 PM - 9:00 PM Keynote Address: Phyllis Light - Bioregionalism: Finding Your Place (Master Hall)						
9:00 PM - 12:00 AM Late Night Fireside Gathering (Outside Fireside Lobby)						

SESSION AUDIENCE

G : General
I : Intermediate
A : Advanced



Focus Track: Bioregional Materia Medica in Clinical Practice

KEY



Intensive (Add'l registration required)























Plant Walk

















STAY CONNECTED

IMPORTANT: Last minute schedule changes and updates will be shared via the Whova App. For all symposium info and to connect with other attendees, download the Whova App from whova.com, the App Store or Google Play. Search for "29th AHG Symposium." The invitation code is 'bioregional'.


SATURDAY OCTOBER 27

Location		DOGWOOD	FIRESIDE A	FIRESIDE B	FIRESIDE C	PLANT WALK MEET IN FIRESIDE LOBBY
7:30 AM		Registration (Master Hall Lobby)				
8:00 AM - 7:00 PM		Expo Hall Opens (Closed 12:30 - 3:00 PM)				
8:00 AM - 4:30 PM		Silent Auction: Final Bids in by 4:30 PM (Fireside Lobby)				
8:00 AM - 9:30 AM	Session I	 Susan Kramer: Clearing Phlegm With Herbs of the Southeast (I)	 Bob Linde: Herbal Assistance in Opioid and Kratom Withdrawal (I)	 Case Study Panel: PCOS/Breast Cancer Survivor	 Holli Richey: Herbs for Traumatic Stress (I/A)	 Richael Faithful: What the Land Tells Us (G)
10:00 AM - 11:30 AM	Session II	 Leslie Williams: The Alcohol Free Herbalist (G)	 Benjamin Zappin: Botanical Analogues in Commerce as Substitutes for Native Flora (G)	 Ann Armbrecht: From Supply Chains to Supply Webs (G)	 Catherine Browne: Natural Treatment Strategies for Opioid Dependency - Herbs and TCM for Long-term Recovery (G)	 Cara-Lee Langston: Finding a Sense of Place in Southeast Appalachia (G)
11:30 AM - 2:00 PM		Community Lunch and Annual General Meeting (Master Hall)				
2:30 PM - 4:00 PM	Session III	 Richard Mandelbaum: Underused Medicinal Plants of Eastern North America (I)	 Zaire Sabb: Healing the Womb - Plants for the Female Reproductive System (G)	 Jade Mace: <i>Rosa multiflora</i> in Practice (G)	 Will Endres: The Mighty Calamus (G)	 Janet Kent: Appalachian Apothecary (G)
4:30 PM - 6:00 PM	Session IV	 Phyllis Light w/Susan Leopold: American Ginseng - A Return to Practice (G)	 David Winston: Little-Known Medicinal Plants of the Southeastern US (G)	 Dave Meesters: <i>Rudbeckia laciniata</i> - An Alternative to Echinacea (G/I)	 Corey Pine Shane: Becoming an AHG Registered Herbalist	 Corey Pine Shane: Traditional and Eclectic Uses of Mountain Plants (G)
7:30 PM - 8:30 PM		Diversity Committee Presentations (Fireside A)				
8:00 PM - 10:30 PM		Rockin' Roots Dance Party! Live Music from Griz and Jelly Butter (Master Hall)				
9:00 PM - 12:00 AM		Late Night Fireside Gathering (Outside Fireside Lobby)				

SUNDAY OCTOBER 28

Location		DOGWOOD	FIRESIDE A	FIRESIDE B	FIRESIDE C	PLANT WALK MEET IN FIRESIDE LOBBY
8:00 AM		Registration (Master Hall Lobby)				
8:00 AM - 1:30 PM		Expo Hall Open				
8:30 AM - 10:00 AM	Session I	 Heather Irvine: Building Botanical Repertoire with Black Haw (I)	 Phyllis Light: Southern Folk Medicine (G)	 Keith Robertson: Dosage, Constitutions, and Routes of Administration - A Cultural Perspective (G)	 Thomas Easley: Making Strong Medicine (I)	 Will Endres: Walk on the Wild Side! A Local Plant Exploration (G)
10:30 AM - 12:00 PM	Session II	 Patricia Kyritsi Howell: From Symptom to Formula (G/I)	 Bob Linde: Preventing Adverse Events, Energetics of Rx Medications (I)	 Ann Armbrecht: The Sustainable Herbs Project - Following our Medicine from Seed to Bottle (G)	 Ellen Kamhi: Scientific Validation of Botanical Medicine (I/A)	 Dave Meesters: Orienting to the Medicines of Place (G)
12:00 PM - 1:30 PM		Lunch Break				
12:00 PM - 1:30 PM		Diversity Committee Gathering (Fireside Lobby)				
1:30 PM - 3:00 PM	Session III	 Janet Kent: Bioregional Herbalism - Promises and Pitfalls (G)	 Todd Caldecott: Anxiety and Depression in Ayurveda (G)	 Gina Rivers Contla: Reishi Mushroom - Ethnomycology, Current Research, and Clinical Applications (I)	 Oscar Sierra: Clinical Applications for Rectally Administered Medicine (I)	
3:00 PM - 3:30 PM		Closing Circle (Outside Fireside Lobby)				
8:00 PM - 9:30 PM		Movie - SEED: The Untold Story (Dogwood)				

MONDAY OCTOBER 29

Location		DOGWOOD
8:00 AM		Registration (Master Hall Lobby)
9:00 AM - 4:00 PM	Post-Symposium Intensive	 Thomas Easley, Patricia Kyritsi Howell, and Danny O'Rawe: Materia Medica in Clinical Practice (G)
1:15 PM - 2:15 PM		Lunch Break